

# CERTIFICATE COURSE FOR PARAMEDICS

FOR IMPROVING  
IN-PATIENT CARE

## CORE HIGHLIGHTS



**6 Months  
12 Classes**



**Role Play &  
Scenarios**



**Hands On Practical  
Training**



**1 Month Hospital  
Observationship\***

Observationship is subject to slot availability\*



**Course Begins 2<sup>nd</sup>  
Week Of April**



**Classes Every 2<sup>nd</sup>  
and 4<sup>th</sup> Wednesday**



**Duration: 1-2 Hours  
per Class**

## CORE HIGHLIGHTS

# ₹1200

**EARLY BIRD OFFER  
VALID TILL 25<sup>TH</sup> MARCH  
THERE AFTER ₹ 2000**



**LIMITED SEATS | REGISTER NOW!**

**+91 92199 74151**

**+91 92363 57287**



**NURSES | PARAMEDICS | CLINICAL CARE STAFF | FRESHERS**

**ALYANTRA MEDICITY SUPER SPECIALITY HOSPITAL, NEAR RML HOSPITAL,  
OPPOSITE AADHAR BUILDING, VIBHUTI KHAND, LUCKNOW**

## PROGRAM OUTCOMES

This certification course is a structured, hospital-based training program designed to strengthen clinical competence and improve real-world patient care skills. It bridges the gap between theoretical knowledge and practical hospital exposure, preparing participants to perform confidently in in-patient care settings.

The program enhances employability, supports preparation for hospital interviews and internal assessments, and builds a strong foundation for competitive healthcare examinations.

## WHO SHOULD ENROLL

- Nurses and Paramedics
- Clinical Care Staff
- Freshers seeking hospital exposure
- Healthcare professionals looking to upgrade skills

## COURSE DIRECTOR



### DR APEKSHA VISHNOI

*DIRECTOR- DEPT. OF OBGYN & INFERTILITY CLINIC  
MBBS, MS, OBSTETRICIAN, GYNAECOLOGIST, AND INFERTILITY SPECIALIST*

*The program is taught by a multidisciplinary team of expert doctors, senior nursing educators, and NABH trainers, ensuring practical, evidence-based training aligned with hospital quality standards.*

### COURSE SCHEDULE

- Total Duration: 6 Months
- 12 Structured Modules
- One Class Every 15 Days
- Each Session: 1-2 Hours
- Classes conducted on 2<sup>nd</sup> and 4<sup>th</sup> Wednesday of every month

### ASSESSMENT & CERTIFICATION

- Pre-Test and Post-Test Evaluation
- Certificate awarded upon successful completion

### OBSERVERSHIP

- Subject to slot availability

\*Course sequence may be subject to change based on faculty availability and institutional requirements  
\*The academy reserves the right to modify session schedules if required

## TWO MODES

# MODE 1 ₹1,200

### CERTIFICATION TRACK

- 6 MONTH FULL COURSE
- CLASSES EVERY 15<sup>TH</sup> DAY (1-2 HOURS EACH)
- STUDY MATERIALS INCLUDED
- PRE-TEST AUR POST-TEST INCLUDED
- CERTIFICATE ON COMPLETION
- COMPLEMENTARY HOSPITAL OBSERVERSHIP OPTION AVAILABLE

**BEST FOR:** STUDENTS WHO WANT TO LEARN ALONG WITH THEIR CURRENT JOBS WITHOUT MUCH INVESTMENT

# MODE 2 ₹12,000

### INTERNSHIP TRACK

- 6 MONTH PAID INTERNSHIP
- SAME CLASSES & STUDY MATERIAL
- REAL PATIENTS. REAL WARD. REAL SKILLS.
- ONE ON ONE MENTORSHIP BY EXPERTS
- ₹8,000/- PER MONTH ASSURED SALARY

**BEST FOR:** FRESHERS THOSE WHO SERIOUSLY WANT TO BUILD CAREER IN HOSPITALS

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\*The academy reserves the right to modify session schedules if required

## COURSE DETAILS

### MODULE 1

#### PROFESSIONAL NURSING PRACTICE & PATIENT SAFETY

##### KEY LEARNING AREAS

- Principles of professional nursing practice and accountability
- Safe patient identification techniques
- Prevention of falls, pressure injuries, and medication errors
- SBAR communication for effective clinical handover
- Incident reporting and near-miss documentation

### MODULE 2

#### VITAL SIGNS MONITORING & EARLY WARNING SYSTEMS

##### KEY LEARNING AREAS

- Accurate measurement of BP, Pulse, Respiratory Rate, SpO<sub>2</sub>, and Temperature
- Fluid balance monitoring and interpretation
- Understanding MEWS and early warning indicators
- Identification of clinical red flags
- Escalation protocols and timely communication

### MODULE 3

#### INFECTION CONTROL & HOSPITAL HYGIENE

##### KEY LEARNING AREAS

- WHO 5 Moments of Hand Hygiene
- Proper PPE donning and doffing techniques
- Isolation precautions and transmission-based protocols
- Biomedical waste segregation guidelines
- Infection control compliance and audit awareness



## COURSE DETAILS

### MODULE 4

#### IV CANNULATION, FLUID THERAPY & DRUG ADMINISTRATION

##### KEY LEARNING AREAS

- Principles and techniques of IV cannulation
- Selection of IV fluids and rate calculation
- Drug dilution and infusion pump usage
- Prevention and management of IV complications
- Safe administration protocols and monitoring

### MODULE 5

#### MEDICATION SAFETY & HIGH-ALERT DRUGS

##### KEY LEARNING AREAS

- The 6 Rights of medication administration
- Identification and management of high-alert drugs
- LASA (Look-Alike Sound-Alike) medication awareness
- Safe handling of insulin, anticoagulants, electrolytes, and antibiotics
- Double-check systems and documentation protocols

### MODULE 6

#### WOUND CARE & PRESSURE INJURY PREVENTION

##### KEY LEARNING AREAS

- Types of wounds and appropriate dressing selection
- Assessment of surgical and infected wounds
- Pressure injury staging and prevention strategies
- Drain care and monitoring
- Documentation of wound progress

## COURSE DETAILS

### MODULE 7

#### CATHETER, RYLE'S TUBE & STOMA CARE

##### KEY LEARNING AREAS

- Foley's catheter insertion and maintenance protocols
- Prevention and early detection of CAUTI
- Nasogastric (Ryle's) tube insertion, feeding, and verification methods
- Aspiration prevention strategies
- Basics of stoma care and hygiene

### MODULE 8

#### PAIN ASSESSMENT & COMFORT CARE

##### KEY LEARNING AREAS

- Pain assessment scales for adults and elderly patients
- Recognition of acute vs chronic pain patterns
- Non-pharmacological pain relief techniques
- Post-operative comfort positioning
- Sleep support and anxiety management

### MODULE 9

#### EMERGENCY RESPONSE & BASIC LIFE SUPPORT

##### KEY LEARNING AREAS

- Early recognition of patient deterioration
- Code Blue protocol and team response
- Adult Basic Life Support (BLS)
- Oxygen therapy administration
- Airway support and suctioning techniques



## COURSE DETAILS

### MODULE 10

#### CARE OF SPECIAL & HIGH-RISK PATIENTS

##### KEY LEARNING AREAS

- Nursing care for diabetic patients
- Management of elderly and immobile patients
- Post-operative monitoring and complication prevention
- Care considerations in high-risk pregnancy cases
- Risk assessment and patient-specific care planning

### MODULE 11

#### PATIENT COMMUNICATION, ETHICS & COUNSELLING

##### KEY LEARNING AREAS

- Principles of therapeutic communication
- Handling anxious or angry relatives professionally
- Basics of informed consent
- Confidentiality and patient dignity
- Ethical responsibilities in nursing practice

### MODULE 12

#### DOCUMENTATION, LEGAL ASPECTS & QUALITY SYSTEMS

##### KEY LEARNING AREAS

- Principles of legally safe nursing documentation
- Structured nursing notes and checklist-based care
- Basic understanding of NABH standards
- Role of audits and feedback in quality improvement
- Accountability and medico-legal awareness

